

SAIL HIGH SCHOOL INTENSIVE PROCESS

WEDNESDAY, SEPTEMBER 14

6th Period Introduction - Slide Show and Handouts

For over 30 years we have set aside a week in the spring for *all* students to participate in experiential learning activities outside of the regular classroom structure. The bonding experiences, new horizons, and teamwork that come from these experiences are some of our graduates' fondest SAIL memories.

FRIDAY, SEPTEMBER 23

8:30-9:00 a.m. Round Robin – Two 10-minute sessions.

Go meet the sponsors and learn more about the two intensives that interest you the most. At a later time, if you are interested in other intensives, feel free to contact their sponsors.

OVER THE NEXT FEW DAYS!

Go over the intensive descriptions and discuss options with your parents. You'll soon be asked to rank your top (4) choices, with #1 being your preferred intensive. **Make sure your parent(s) agree with your choices!!!**

FRIDAY, SEPTEMBER 23 to TUESDAY, SEPTEMBER 28 – COMPLETE ONLINE CHOICES FORM

Complete the online form located on the SAIL website AND check the Canvas announcement identifying your top four choices. It's important that your choices are both interesting to you and **realistic financially**. Also, make sure your choices include a couple in-town intensives.

WHAT HAPPENS NEXT??

Selection process--Your intensive selections will be reviewed by sponsoring teachers who will post a list of students invited to join. **Consideration will be given to a student's grade level, behavior, grades, and attendance.** Seniors and juniors will be considered first, but grade level is ***ONLY ONE*** of the factors considered. Ninth graders, new students, and students not currently in good standing are less likely to be accepted into their first choice intensive, especially if it travels out-of-town.

Registration – As lists are posted, students who have been invited to join ***must see*** the intensive sponsor to get the required parent permission/deposit forms. (Time and date for this activity will be announced.) **A PERMISSION FORM WITH DEPOSIT MONEY** must be returned to the main office in order to secure your place on the Intensive. ***No one is officially on an intensive until FULLY COMPLETE forms and monies have been received.***

Follow Up - After initial lists are posted, students will have additional opportunities to fill open spaces, and some new intensives may form. **Don't get discouraged** if you don't get what you want in the first round! Placing 390 students is a complex and on-going process, so please bear with us. Our goal is for every student to have a rewarding educational experience.

INTENSIVES WILL BE THE WEEK OF MARCH 6 - MARCH 10, 2023

2022-23 Intensive Descriptions

March 6-10, 2023

1. Northern Exposure: Montreal!

Sponsors: Sheri Nilles & Danny Wood (Art Rm 1501)

This intensive will be going to Montreal, Québec! We'll check out the museums, food, and culture of Canada. Our stops can include the Canadian Film Archives, The Insectarium, Musée d'art Contemporain, The Montreal Biodome, the Eudore Dubeau Museum of Dentistry, and music or comedy performances! As a group member, you will get to have a say in what we see and do! We are looking to bring kids who can be a positive group member, can handle long days with lots of walking, and will keep an open mind to new experiences!

(Approximate Cost- \$1,400.00 (~\$135-165.00 additional cost for a passport) Total Students: 12

2. DIY – Oh the things YOU can do!

Sponsor: Dr. Kiffani Browning (Main Office)

On your own to VOLUNTEER or JOB SHADOW. YOU make a plan. YOU make the contacts. YOU make it happen. YOU MAKE A DIFFERENCE! All plans must be approved by the office in advance.

(Cost: Free) Total Students: Unlimited

3. Enrichment

Sponsors: Marcia Cone (Marcia's Rm 204)

Need time to get caught up on your work? Then this is the intensive for you! Spend a week getting caught up on all your homework, FLVS, and PLATO classes.

(Cost: Free) Total Students: 20

4. D.C. in '23 (with a side of Philly)

Sponsors: Caitlin Starkey and Doug Currey (Doug's Room 506)

Explore our nation's capital on this **6-day adventure!** We'll fly to **Washington, D.C.**, then stay the week in a large home. From this base we'll explore the urban landscape by train, subway, bus, and foot. We'll tour the U.S. Capitol, see famous landmarks such as the White House, Lincoln Memorial, & Washington Monument, and view the Constitution & Declaration of Independence. At Arlington National Cemetery, we'll experience the solemn ritual at the Tomb of the Unknown Soldier. Fun neighborhoods to investigate include Georgetown, with its cobblestone streets, & the funky, international Adams Morgan. DC has much to offer culturally, including the Smithsonian museums; a highlight will be watching a professional play at the wonderful Studio Theatre. And to top it all off, we'll ride the **Acela bullet train** from DC's majestic Union Station north to **Philadelphia, PA** to tour Independence Hall with its Liberty Bell; the Benjamin Franklin Museum; and the Philadelphia Museum of Art, location of the "Rocky Steps". While in the *City of Brotherly Love*, we will (of course) hunt down a real Philly Cheesesteak! This will be an **active & physically demanding** week requiring focus & cooperation- **only persons who can handle long days with lots of walking should apply!**

(Approximate Cost: \$1,200) Total Students: 12

5. **Chivalrous Chess**

Sponsor: Michael Wohlgemuth (Mike's Math Rm 201)

Want to play chess all intensive week? Want to learn this war game, or just get a little better? We will play a lot of chess. I will teach you techniques to help your game. I will teach you some different chess games as well. There will also be a tournament and prizes will be awarded.

Depending on your interest, we will purchase chess boards for those people who want one. We will buy snacks for the week as well.

(Cost: Free to \$35 - depending on what we decide to purchase) Total Students: 20

6. **Dungeon and Dragons**

Sponsor: Chris Weider (Chris' Rm 1104)

Dungeons & Dragons is a **structured, yet open-ended role-playing game**. It is normally played indoors with the participants seated around a tabletop. Typically, one player takes on the role of Dungeon Master (DM) while the others each control a single character, representing an individual in a fictional setting.

(Cost: Free) Total Students: 24

7. **Sew What?**

Sponsors: Susanna Denham and Rosa Cefalu (Susanna's Rm 903)

Join us as we learn about and create magical stitch-witchery of all things weird, wonderful, and/or tiny. We will embroider, applique, sew and stitch things like patches, wall hangings, clothes, jewelry, and so on... while consuming ridiculous amounts of tea & treats.

(Cost: Approximately \$20) Total Students: 28

8. **Be Kind Community Service Intensive**

Sponsors: Dr. Jennifer Bartlett and Emily Bell (Media Center)

Help our community and earn volunteer hours through the Be Kind Community Service Intensive. Each day we will partner with local nonprofit agencies that serve our community. Guest speakers will be invited to teach about their programs, and we will complete projects to help them in their efforts. These could include arts and crafts projects, organizing materials, and reading children's books for City Walk Urban Mission, The Backpack Project, Ronald McDonald House Charities, Leon County Humane Society, and Kids Inc. of the Big Bend, or other organizations. Students will earn at least 30 hours of community service!

(Cost: \$25) Total Students: 40

9. **Life's Aquatic**

Sponsors: JaSun Burdick & Danielle Taylor (Danielle's Rm 1101)

It's time to get your feet wet as we take day trips to explore the beautiful natural springs, rivers, lakes, sink holes, and oceans that Tallahassee (and its surrounding areas) have to offer. Jump into icy cold sinkholes, kayak on the Wacissa River, swim in the deep blue sea and relax lakeside. This intensive will have a big focus on wellness, as we will be getting a lot of exercise every day and we will all make a pledge to *drink more water and cut out soda for the week we are together*. In addition to helping yourself become well, we will also be helping the earth by picking up litter at all the watering holes we go to. This is a great time to earn some community service hours!

Requirements: (1) must know how to swim; (2) water bottle; (3) bagged lunch; (4) bathing suit; (5) adventurous spirit & positive attitude.

(Approximate cost \$90.00) Total Students: 12

10. The Joy of Self-Care!

Sponsor: Quashier Flood (Quashier's office in the main office)

Have you ever thought about learning proper Self-Care? Do you want to know how to pamper yourself the right way? Do you want to walk life's walk with ease and comfort knowing that you are "enough" just as you are? If this is you, then join the school guidance counselor's Self-Care intensive. Self-Care is anything you enjoy that doesn't cause harm; it promotes physical, mental, and emotional health. It's when you take the time to take care of yourself. This week we will learn how to properly do this! We'll get pedicures &/or manicures, order lunches daily, enjoy snacks while watching movies, and journal daily.

(Cost: ~100) Total Students: 10

11. Tabletop Tour

Sponsor: Benny Brustad (Benny's Room, Comp Lab 3)

Interested in playing games (be they board, card, or somewhere in-between) and getting away from your pesky computer screen? We'll be highlighting funky fresh games that you've never heard of, with a theme and several new ones each day! If you have games you want to play, that's cool too! This will be a space for you to try new things, introduce others to the games you already love, and get to hang out with cool people (and Benny).

(Cost: Free) Total Students: 25

12. Geek Squad

Sponsors: Christian Shimansky & Danielle Henry (Computer Labs 1 and 2)

Can't get enough of staring at a screen despite learning during a pandemic? Neither can we! In this intensive we'll be playing video games. We'll have a few tv's and students can bring their game consoles if they want. If you want to relax after a hectic year by playing video games with friends, then this is the intensive for you!

(Cost: Free) Total Students: 35

13. Disc Golf? Disc Golf!

Sponsor: Tony DelMonego (Tony's Rm 604)

Do you like the idea of sports without all the hassle of running? Want to enjoy one of the fastest growing sports in the world? Then come join the Disc Golf intensive! We will learn the basics of the sport while playing at Tom Brown Park, home to one of Florida's nicest courses.

Afterward, we will unwind with ice cream at Bruster's! The cost of the intensive covers snacks, ice cream, discs, and transportation.

(Cost: \$40) Total Students: 12

14. Bikes & Bees

Sponsors: Marlow Matherne and Rob Pell (Marlow's Rm 603)

If you're interested in staying/getting into shape, then come join us mountain biking in the morning at various trails every day (M-Th) and then play Ultimate Frisbee after lunch on the upper field. Students must have a multi-gear trail bike in excellent working order and bring their own lunch Monday-Thursday. Friday, we will hit a local buffet and play Ultimate Frisbee.

(Cost: \$40) Total Students: 10

15. Phones and Photography

Sponsors: Julie Langston and Jana Miller (Julie's Room 601)

Explore the possibilities of phone (and other) photography in this week-long adventure. We will roam the outdoors, refining our photography skills by experimenting with distance, angle, perspective and other creative photography ideas. Students will need a phone with a camera or a digital camera, and a sense of adventure.

(Cost: \$0-20) Total Students: ~30

16. Shrek Jr. The Musical

Sponsors: Tiffany Martin, Roderick Wilkerson, and Stormy Koch (Black Box)

Welcome to Duloc, such a perfect town... unless you're a fairytale creature. Then Duloc wants you to live hidden away in a swamp WITH AN OGRE?! From the movie that taught everyone to be an all-star, join a talking donkey, a princess with a secret, all your favorite fairytale characters, and of course, SHREK in a land far, far away. Whether you like to be in the spotlight singing and dancing or behind the scenes making sure everything runs smoothly, this intensive is one you won't want to miss!

(Cost: \$50) Total Students: 40-50

17. The March to March Madness in March

Sponsor: Peejay Perez de Alejo (Peejay's Room 507)

We spend the week in the gymnasium honing our expertise in the fine art of basketball. We will develop skills, strategies, and play lots of games! If you've ever thought you could beat me at basketball, then this is your chance to pursue greatness. The week after intensives is spring break AND the beginning of the NCAA Tournament, so we'll be filling out brackets to compete against one another for a prize of some kind. The end of the week culminates in a nice family-style group meal where we can watch some footage from the week of games!

(Cost: \$20) Total Students: 12

18. The Art of Magic - Learning and Performance Showcase

Sponsor: Magic Matt, a.k.a. Matt Roberson (Caitlin's Room 504)

Do you have a true interest in learning about Magic and the Art of Performance? This intensive is for those that would like to be part of a unique society of conjurers and performers that will learn about magic and how to confidently perform for others. We will learn a set of close-up illusions that can be performed in a variety of settings. If you are willing to learn and practice and practice some more, then gather some coins, a few decks of cards and approximately \$20 (*depending on the tricks you are interested in learning*) and sign up!

(Cost: ~\$20) Total students: 20

19. SAIL Film Festival

The aim of this intensive is to create three-minute films made on an iPhone 14 Pro Max cell phone, with the intent of submitting the films to an international film festival called the "*SF3 SmartFone FlickFest*". This festival inspires anyone with a smartphone to tell their story through film. Another intensive outcome may be for us is to present our films at the first *SAIL International Film Festival*.

While most days will be spent at SAIL, we'll also make a trip or two to the FSU Film School to meet with students and professors, get a tour, and possibly attend a workshop. Outside film

makers, writers, and actors, both locally and from around the country, have volunteered to work with us on our projects.

Prior to the intensive, we will meet to do creative writing exercises, to write and rewrite our scripts, and to confer with our mentors. We will learn how to format our scripts to industry standards. Also, prior to the intensive, we hope to cast the films; have crew positions assigned; and hire outside actors if needed/available. We will cast for the films from our class and from outside volunteer actors if they are needed and available.

On the intensive, we will learn techniques for filming, lighting, and editing. We will also have professional sound and lighting as needed. We will learn how to professionally run a film set, including how to prepare, such as creating a call sheet and creating a shooting schedule. Students will gain experience as production assistants, which will be helpful in obtaining jobs in professional films that shoot locally or in South Georgia. .

The week of the intensive we will shoot our films and begin editing. We will complete editing as needed during and after the intensive with the help of our outside mentor film makers. The *SF3 SmartFone FlickFest* film festival submissions are due during the summer. There is a cost to submit the film to the festival- we can raise funds if needed. If the films are selected we will get IMDb credit. Otherwise, we hope to present our films at the first SAIL International Film Festival.

Our work will be done in teams. Each student will have an opportunity to do at least a few jobs, such as writer, director, editor, lighting designer, costume designer, sound engineer, and actor. Each student does not have to do every area or might not do every area, but we will do our best to accommodate everyone's interests.

(Cost: ~\$50) Total Students: 6



INTENSIVES WEEK WILL BE MARCH 6 - MARCH 10, 2023

